

PATENT PENDING

Useful in case of increased physiological needs and to supply deficient diets.

IRON AND ALIMENTATION

Iron is an essential element which plays a vital role for the human organism. The most common consequences of Iron deficiency are tiredness and weariness. In particular conditions, i. e. fertile women, due to the menstrual cycle, children and elderly people, it is common that an unbalanced diet or difficulties in iron absorption cause iron deficiencies. Iron is naturally present in nearly all foods and its content is usually proportional to the calorific supply. It is also well known that the problem of iron deficiency may arise because only a limited quantity of iron is usually absorbed and the absorption is directly related to the dietary composition. Human organism easily absorbs iron contained in food of animal origin (fish and meat), whilst iron contained in cereals, vegetables and fruit is scarcely bioavailable. Everybody knows that meat consumption promotes iron absorption from everyday diet.

WHAT IS Captafer?

It is a food supplement of hydrolyzed sea fish cartilage, Vitamin C, Vitamin E, Zinc, Copper and Folic acid. Useful in case of increased physiological needs of these elements and to compensate lacking diets. Captafer is able to optimize the nutritional supply, in particular the iron one, making its physiological absorption from food easier. Captafer does not contain iron. Therefore it is free from all side effects typical of oral iron supplementation. In order to guarantee Captafer efficacy, the diet should naturally contain iron. The administration of Captafer is also recommended in case of increased physiological needs of Folic Acid, as for example during pregnancy. Thanks to its antioxidising action, Captafer can be useful in contrasting the harmful effects of free radicals.

DOSAGE

1 tablet each day before main meal, or according to the doctor's instructions.

INGREDIENTS

Hydrolyzed Sea Fish Cartilage, Stabilizing agents: Microcrystalline cellulose; Zinc Gluconate, Vitamin C (L- ascorbic acid, ethyl cellulose), Vitamin E (dl-alpha-tocopherol acetate), Starch and Corn Maltodextrine as support, Anti-caking agents: Vegetable Magnesium Stearate, Silica Dioxide; Copper Gluconate, Folic Acid, Coating Agents: Hydroxypropylmethylcellulose, Microcrystalline Cellulose, Stearic Acid, Colours: E171; Aroma: orange (it contains Arabic Gum, B.H.A., Dextrose and Maltodextrin).

NUTRITIONAL INFORMATION	per 1 tablet	RDA	%	per 100 g
Energy	1.45 Kcal 6.14 KJ			177 Kcal 746 KJ
Proteins (Nx6,25)	0.17 g			21.63 g
Carbohydrates (pd)	0.11 g			14.23 g
Fats	0.03 g			3.68 g
Vitamin C	45 mg	80	112.5	5.62 g
Vitamin E	15 mg	12	250	1.87 g
Folic Acid	100 mcg	200	100	0.0125 g
Zinc	7.5 mg	10	150	0.93 g
Copper	0.6 mg	1	120	0.06 g
Hydrolyzed Sea Fish Cartilage.	400 mg			50.0g

RDA = Daily suggested value

Oral supplements can not be considered as substitutes for a well-balanced diet.

CAUTION

Keep out of the reach of children. Store at a controlled room temperature below 30°C. Do not expose to localized heat sources or direct sun light. Avoid exposure to water. The expiry date refers to the intact product stored as directed

Rev. Date: Aug. 2011